The Western Suburbs Greening Plan



Guide

wildflowers and other local plants for your garden



WESROC

Western Suburbs Regional Organisation of Councils

Bring the beauty and variety of plants that grow naturally in the Western Suburbs into your garden

When you choose local wildflowers, shrubs and trees for your home garden you can

provide food and shelter for native

birds, butterflies and other

animals

save water, fertilisers and

pesticides

enjoy planning and watching your

garden grow, knowing that it

is working with nature

The information in this booklet will help you choose local plants and grow them successfully in your home garden.

Your local Council has sponsored the development of the booklet as part of the Western Suburbs Greening Plan.

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Couch Honeypot

plan nurture



enjoy your garden

why choose local plants?

Many people are now growing wildflowers and other local plants in their home gardens – and for good reasons too...



The wildflowers, shrubs and trees of the Western Suburbs are suited to our sandy, alkaline (lime) soils. In fact, they like them like that! They are also used to our hot, dry summers and cool, wet winters.

Local plants support the range of living things (or biodiversity) within our area. They provide homes and food for native birds, butterflies, frogs and other animals and provide 'stepping stones' for the movement of these animals between our bushland areas.





The plants that belong here are easy to care for. Generally, they need less water, less fertiliser and less pruning than exotic plants so they can save you money and leave you more time to enjoy your garden.



Local plants are not invasive and, unlike some exotic species commonly used in home gardens, they do not become weeds in local bushland, parks and reserves.

There are local plants to suit every situation in your garden, whether you wish to plant one or two attractive favourites, establish a feature area or create an entire garden of wildflowers, shrubs and trees.



When you add local plants to your garden you not only make an important contribution to the greening of the Western Suburbs... you bring the beauty and variety of our world-renowned flora closer to home where you can enjoy it all year round!



Parrot Bush Native wisteria

getting started

Taking some time to carefully plan your garden will help you make choices you are happy with.

deciding what to plant where

Where would you like to have local plants in your garden? What types of plants would you like to include? Do you need climbing plants or tall shrubs to screen a shed or fence? Would you like to create a protective thicket for birds, with perhaps a bird bath nearby? Are windbreaks needed or shady trees to sit under? If you have in mind what you want to achieve you are more likely to make suitable choices for each area. If you have an established garden, you might like to create a wildflower garden in an area where there is too much lawn or paving or where existing plants are unsuitable. Perhaps you have spaces that could be enlivened with the colours of a few new additions! Your street verge is another possibility and your local council can assist you with guidelines

for choosing the types of plants that will be

suitable.

colour and flowering

Check the flowering season of your plants so that you can plan for year round colour. Different leaf colours and textures also add variety. You can mix and match a range of colourful plants to provide striking contrasts or use groupings of particular plants to feature in different areas of your garden. You might like to choose a sunny space for a colourful mass display of herbaceous plants such as kangaroo paws or fringed lilies.

shade and sun

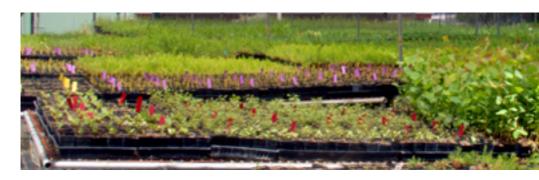
Most local plants like plenty of sunshine but some are more shadetolerant than others. If you notice which parts of your garden get the sun in winter and summer you will be able to plan and create areas that give you winter sun and summer shade. Generally, sun loving plants will need to be planted on the north side of trees or buildings and shade tolerant plants will do better on the south side. Plants for the east and west walls of houses can be more shade-tolerant.

when to plant

Natives are best planted in the autumn months of Perth's Mediterranean climate when the soil is still warm and there is time to settle in before the spring growing season and the heat and dryness of summer arrive. You can plant in spring if you are prepared to water as needed until your plants are established. Planting in the heat of summer is best avoided.

buying your plants

At the nursery, take your time to browse and ask for advice about choosing plants most suited to your area. If possible, choose the local form of the plant – many plants sold in nurseries are cultivars that have been selectively bred or hybrids (two species that have been crossbred). The local form of the plant will bring more environmental benefits.



Tube stock, which are young plants in small pots, are becoming more readily available and these are a good choice. Once settled in, local plants that are planted small grow quickly. You can decide on the plants you want in September/October, order them from nurseries as tube stock and they will generally be ready for collection and planting in the following autumn. If you are purchasing advanced plants be careful that they are not root bound.

garden layout

Make a scale drawing of your garden. You may already have house plans you can use. Draw in existing structures (such as pergolas, paved areas), larger plants and trees. Consider how the plants you choose will grow and leave enough space for them to mature without overcrowding. The following pages give some ideas for designing the layout of your garden.

designing your local plants garden

Make a simple diagram to help you decide how you might use local plants generally in different parts of your garden. Put in the North point for your property and take account of the seasonal path of the sun. Below is an example garden design.





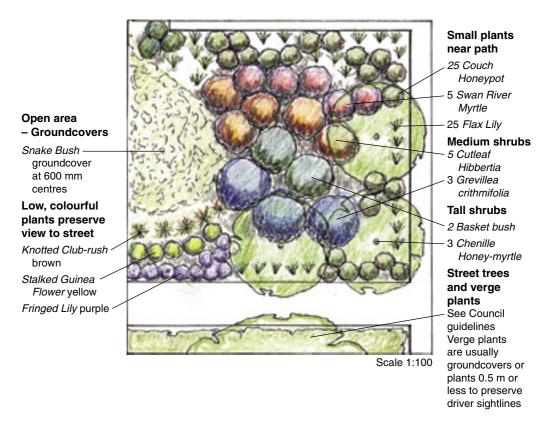
The red areas within the dashed lines are enlarged on the next two pages, to show detailed selection and spacing of plants. For which part(s) of your garden could you choose local plants?

planning your local plants garden in detail

Below are detailed plans for selected areas in a front and rear garden.

You can use these plans to guide your choice of specific plants, and the numbers of plants that you want within areas of your own garden. Space your plants according to their height and spread.

Front Garden Detail

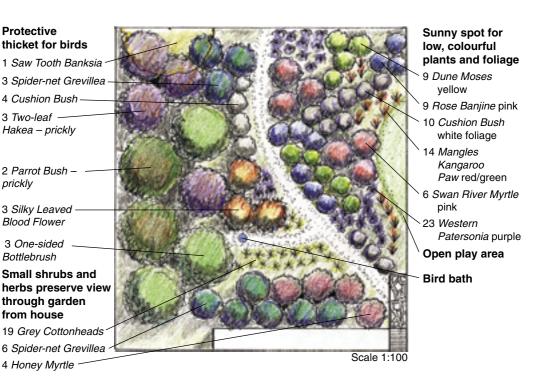


Rear Garden Detail

Protective

prickly

Bottlebrush



50 local plants of the western suburbs



Running Postman



Wattle



Knotted Club-rush

Common Name Groundcovers

Couch Honeypot Ruby Saltbush Sea Heath Snake Bush **Running Postman**

Prickly Conostylis Grey Cottonheads Flax Lily Nodding Club-rush Knotted Club-rush Morning Iris Western Patersonia Fringed Lily

Climbers

Old Man's Beard Native Wisteria Australian Bluebell

Small Shrubs

Dune Moses Silky Blood Flower Yellow Starflower Orange Eremaea Tar Bush Yellow Pea Spider-net Grevillea Stalked Guinea Flower Hibbertia racemosa Swan River Myrtle Cushion Bush Honey-myrtle Bacon and Eggs False Boronia Coast Banjine

Species

Dryandra lindleyana Enchylaena tomentosa Frankenia pauciflora Hemiandra pungens Kennedia prostrata

Herbs (Non Woody)

Mangles Kangaroo Paw Anigozanthos manglesii Conostylis aculeata Conostylis candicans Dianella divaricata Isolepis cernua Isolepis nodosa Orthrosanthus laxus Patersonia occidentalis Thysanotus multiflorus

> Clematis linearifolia Hardenbergia comptoniana Sollya heterophylla

Acacia lasiocarpa Calothamnus sanguineus Calytrix angulata Eremaea pauciflora Eremophila glabra Gompholobium tomentosum Aug-Dec Grevillea preissii Hypocalymma robustum Leucophyta brownii Melaleuca seriata Nemcia capitata Phyllanthus calycinus

Pimelea ferruginea

May-Sep Jul-Nov Jul-Oct All year Oct-Dec Jun-Sep Jun-Nov Sep-Nov

May-Sep gold May-Sep red All Year mauve All Year purple Jul-Nov red

Colour

Flowers

Sep-Nov

Jul-Sep

Jun-Sep

Oct-Feb

Sep-Nov red/green Sep-Oct vellow Aug-Sep yellow Jun-Aug orange All Year brown Nov-Mar brown Aug-Oct mauve Sep-Dec purple

> cream purple blue

purple

Jun-Oct yellow Mar-Nov red Sep-Dec yellow Sep-Dec orange Jul-Jan orange yellow red yellow pink vellow

pink vellow white pink







Common Name

Medium Shrubs

Wattle One-sided Bottlebrush Grevillea Two-leaf Hakea Cutleaf Hibbertia Coastal Honey-myrtle Shining Fan Flower

Cockies Tongues Large Shrubs

Red Eyed Wattle Perth Hopbush Parrot Bush Chenille Honey-myrtle **Basket Bush**

Trees

WA Peppermint Saw Tooth Banksia Salt Sheoak Limestone Marlock Fremantle Mallee Rottnest Tea Tree

Species

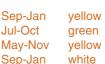
Acacia truncata Calothamnus quadrifidus Grevillea crithmifolia Hakea trifurcata Hibbertia cuneiformis Melaleuca systena Scaevola nitida Templetonia retusa

Acacia cyclops Dodonaea hackettiana Dryandra sessilis Melaleuca huegelii Spyridium globulosum

Agonis flexuosa Banksia prionotes Casuarina obesa Eucalyptus decipiens Eucalyptus foecunda Melaleuca lanceolata

Flowers Colour

vellow June-Sep red Aug-Dec white Jul-Sep Jul-Oct white Aug-Dec yellow Sep-Dec cream Aug-Dec blue Apr-Sep red



white

Jun-Sep

Aug-Dec white Feb-Aug orange All year red Sep-Nov cream Nov-May cream Oct-Mar white



Fringed Lily







Swan River Myrtle



This list is only a sample. Ask your plant supplier about other suitable plants that may be available.

WA Peppermint Tree



planting your local plants

These suggestions will help to get your plants off to a good start.

Lay plants out, in their pots, exactly where you are going to plant them. Don't start planting until you are sure that you have the right plant in the best spot! Think about the size and shape the plant will become. A plant that will grow to 1 metre in width should be planted about 1 metre from other plants or paths, although closer planting can promote interesting shapes and give a more natural look.



Spider-net Grevillea

Dig a hole for the plant that is deeper and wider than its pot. Loosen the soil in and around the hole so that the roots will have an open, light soil mix to grow into.

Thoroughly water the plant, the hole and the surrounding soil before planting. This will help to reduce the shock of planting out and will ensure that the root zone does not dry out. Mixing the soil and water together in the hole will help the soil 'wet up'. If the soil will not wet up you may need to apply a wetting agent at this time.

Remove the plant carefully from its pot to avoid disturbing the soil and roots. Check that the roots are not tightly wound to the shape of the pot (root bound). If necessary, you can make a few vertical cuts through the root ball with secateurs to free them enough to make new growth.



A new planting



Mulch around new planting

Place the plant in the centre of the hole and draw moist soil in around it. Press the soil in gently and firmly, especially around the roots of the plant, to remove air pockets. Place the plant just deep enough so that you can form a shallow depression or saucer shape around it. This will protect the plant from drying out by directing water towards the roots.

Spread a layer of suitable mulch 5-10 cm deep and 15-20 cm wide around the plant, making sure that it is not in direct contact with the plant stem as this may cause rotting.



The mature result

water your plants well!

how to avoid problems

Some basic knowledge and attention to what local plants need will ensure that they become established in your garden and remain healthy.

choosing healthy plants

Make sure that the plants you buy look healthy and that they are not root-bound within their pots. If possible, choose tube stock or young plants rather than advanced plants as these often settle in better. They are also cheaper to buy. Plant deaths can occur, even in well-tended gardens. You can infill in the next planting season

availability

Establishing a local plants garden can take time. Nurseries are catching up with the growing demand for local plants, but the choice of species in any one year can be limited. Placing an order for plants in September/October with a specialist local plants nursery can help to ensure you have the plants you want in time for autumn planting. You can add plants to your garden over time as you discover more species that you would like to include.

watering

Be sensitive to your plants water needs! Once established, local plants will flourish with minimal summer watering. However, they will require adequate water while they are establishing and during extended dry periods at any time of the year.

Over-watering can be as much of a problem as drying out. Over-watering can cause plants to grow too quickly and become brittle and can make pruning necessary. It can also encourage weeds, fungal diseases and shallow root development so that plants cannot cope with periods of dry conditions.

Your establishing plants do need regular thorough watering. This encourages them to develop deep root systems that can access water over a large area rather than remain dependent upon frequent watering. If possible, use drip irrigation or hand watering so that water can be directed at the root zone rather than at the foliage.

weeding and disturbance

Take care not to disturb plant roots or the surrounding soil if you are removing weeds or planting near your local plants. Disturbing the soil may damage roots and can encourage weeds to emerge. If possible, remove weeds when they are small.

mulching

Adding mulch after planting will help to reduce weeds, retain moisture and keep the soil around your plants cooler through the summer months. Choose chipped material or leaves from hard-leaved, preferably native plants as these more closely resemble natural leaf litter. Some commercial mulches have nutrients added that local plants may not need.

pruning

Local plants develop their own individual shapes (or habit) over time. If your plants and their position and spacing in your garden are chosen carefully pruning will generally not be needed. Plants that are not over-watered or fertilised also require little pruning. Pruning can however be used with care to shape some plants and to promote flowering.

Local plants vary in their ability to tolerate pruning and you can kill them by cutting them back hard. Most of the plants listed in this booklet can be pruned after flowering. Take care with secateur hygiene for the Banksia, Hakea, and Dryandra. Check with the Kings Park 'Master Gardeners' advisory service or a native plant nursery for more detailed pruning information.

fertilising

The use of fertilisers contributes to the problem of excess nutrients in soil, groundwater and waterways. Because local plants suit local soils, they generally don't need the addition of fertilisers to thrive. Some local plants (Grevilleas, Hakeas, Banksias and Dryandras for example) will tolerate only very small amounts of the nutrient phosphorous and should not be planted in parts of the garden where phosphate fertilisers might be used. If you do choose to fertilise your local plants be sure to use it sparingly and select only low nutrient, slow release, preferably organic products. Ask your nursery about fertilisers that have been formulated specially for native plants and closely follow the instructions for use.

pests and diseases

Because local plants provide food and shelter for birds and insects you may at times see evidence of this on your plants. Healthy plants will be naturally resilient to serious damage by pests and diseases. The presence of a range of insects, birds and other animals in your garden indicates that it is providing valuable habitat.

Background images by kind permission of the artist, Patricia Negus

finding out more

Below are some sources of information about local plants and where to obtain them.

organisations

Apace Western Australia, North Fremantle.

Information about local plants and plant sales: 9336 1262 Email: apace@apacewa.org.au.

Greening Australia (WA), Fremantle.

Information about local plants: 9335 8933, Email: general@gawa.org.au.

Kings Park Botanic Gardens & Parks Authority, West Perth.

'Master Gardeners' telephone advice about native plants: 9480 3672.

Wildflower Society of Western Australia (Inc), Floreat.

Local plant information, books and plant sales: 9383 7979.

Urban Bushland Council WA Inc., West Perth.

Information about local bushland Friends Groups: 9420 7207 Email: ubc@iinet.net.au.

books and catalogues

Apace Revegetation Catalogue (2002) Apace: 9336 1262.

A New Image for West Australian Plants, Lullfitz, G (2002)

Lullfitz Nursery, Wanneroo: 9405 1607.

Growing Locals - Gardening with Local Plants in Perth,

Powell, R. & Emberson, J. (1996) Western Australian Naturalists' Club (Inc): 9228 2495.

Perth Plants for Your Garden, Greening Australia (WA): 9335 8933.

The Bushland Plants of Kings Park, Bennett, E.M. & Dundas, P.J. (1988)

Kings Park and Botanic Gardens, West Perth: 9480 3672.

plant nurseries

These nurseries specialise in native plants: Apace WA, Boola Wongin Nursery, Carramar Coastal Nursery, Lullfitz Nursery, Oakford Green Nursery, Men of the Trees and Zanthorrea Nursery. You can find contact details in the White Pages and on the web (search by name).

web sites

http://members.iinet.net.au/~dragon/Bushthat.htm - Local Plants Group

http://www.watercorporation.com.au/Docs/factsheet plants.pdf - Using local plants

http://members.ozemail.com.au/~wildflowers - Western Australian Wildflower Society

http://www.apacewa.org.au/ - Apace Western Australia

http://www.kpbg.wa.gov.au/ - Kings Park & Botanic Gardens

http://www.naturebase.net/florabase/index.html - CALM's FloraBase

http://www.sustainableliving.wa.gov.au/index.cfm?fuseaction=landscaping.intro#Local – The state government sustainable living website

about the western suburbs greening plan

Much of the appeal of the Western Suburbs lies in the leafy green streets and gardens, and the many parks and bushland reserves of the area.

As a means of protecting, preserving and enhancing these features into the future, as development pressures increase, the Western Suburbs Regional Organisation of Councils and the Town of Cambridge commissioned the development of the Western Suburbs Greening Plan (2002).

Plants that are local to the area have an important part to play in the Greening Plan. Local plants support biodiversity—the wide range of living things that share our environment. Our local plants are known worldwide for their beauty and diversity, yet currently they are not widely grown in our own gardens. Our remaining bushland and existing isolated examples of local vegetation can only go part of the way to providing enough quality habitat for animals as well as corridors for the movement

of species throughout the metropolitan area.

By choosing local plants for home gardens residents of the Western Suburbs can make the local area more welcoming to native birds, insects and other animals. This can help to protect biodiversity into the future as well as add to the sense of green space that we enjoy.



Rottnest Tea Tree

WESROC member council offices and libraries

Cottesloe Admin: 9285 5000, Library: 9385 3233 Claremont Admin: 9285 4300, Library: 9285 4353 Mosman Park Admin: 9384 1633, Library: 9385 3233 Nedlands Admin: 9273 3500, Nedlands Library: 9273 3644,

Mt. Claremont Library: 9383 1462

Peppermint Grove Admin: 9384 0099 Library: 9385 3233

Subiaco Admin: 9237 9222, Library: 9381 5088

Choose local plants for your garden and join in the greening of the Western Suburbs



plan nurture





enjoy local plants

Discover the local plants of your area in nearby bushland.

Contact your council or the Urban Bushland Council WA Inc. for more information.

Allen Park Bushland, cnr Wood Street & Kirkwood Avenue, Swanbourne.

Bold Park and adjacent bushland, Bold Park Drive, City Beach.

Underwood Avenue Bushland, cnr Selby Street, Shenton Park.

Shenton Bushland, Lemnos Street, Shenton Park.

Hollywood Reserve, cnr Smyth Road & Karella Street, Karrakatta.

Pelican Point, Hackett Drive near Australia II Drive, Crawley.

Minim Cove Park, Fairbairn Street, Mosman Park.

Chidley Point, Chidley Way, Mosman Park.

Buckland Hill Reserve, Boundary Road, Mosman Park.

